



# ALLIES

an Affiliate of Woods



## *The Supports Program*



# *Supports Program Services Offered by Allies, Inc.*

**DAY HABILITATION**

**PREVOCATIONAL TRAINING**

**SUPPORTED EMPLOYMENT**

**COMMUNITY INCLUSION**

**INTERPRETER SERVICES**

**COMMUNITY BASED SUPPORTS**

**IN-HOME SUPPORTS**

**BEHAVIORAL SUPPORTS**

**CAREER PLANNING**

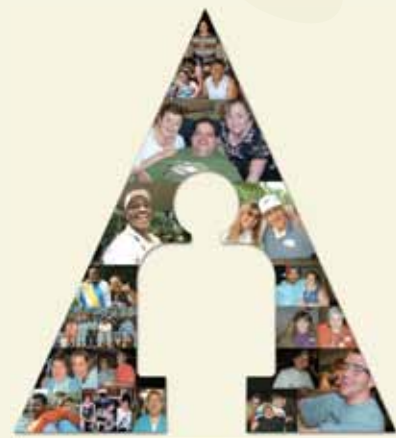
**TRANSPORTATION**

**Become a part of our network!**



[www.alliesnj.org](http://www.alliesnj.org)

(609) 689-0136



**ALLIES INC.**  
An Affiliate of Woods

# *The Allies Approach to Supports Services*

Allies, Inc. plans to offer many diverse and community oriented services under the Division of Developmental Disabilities Supports Program. Our program options continuously grow and evolve to meet the needs of our community and we encourage you to contact us for an in-depth overview of our services.

We provide various program activities under the service categories of Day Habilitation, Prevocational Training, Community Inclusion, Supported Employment, and more. While each of our Supports Services can be accessed independently, we offer several program locations which provide two or more of our Supports Services on-site. This allows participants to cycle between those activities that are of interest to them, and have been identified in their Individualized Service Plan (ISP), creating a full day while under the auspices of one Provider Agency.

This type of customizable programming meets the support needs of many different individuals. It allows participants to build stamina, determine areas of interest or skill, participate in community volunteerism, and explore employment while still being able to engage in arts, culture, and leisure activities. It is our belief that everyone we serve has ability – a skill, talent or area of interest to pursue – and learning how to develop it through supported programming fosters independence.



# Day Habilitation

Our Allies Day Programs are designed with full community access in mind. They offer a combination of local trips and outings designed to build life and leisure skills. Additional program activities are as diverse as those we serve. They include art and music exploration, accessible exercise and yoga, and coordinated volunteer experiences to build work readiness skills. Various sites also offer behavioral and medical supports. Allies provides transportation to and from our day program sites.

## MERCER DAY PROGRAM

Located on the campus of Mercer County Special Services School District, this program is uniquely positioned to offer a seamless transition from school to adult life.

## OLD BRIDGE DAY PROGRAM

A leisure based program focusing on enrichment activities.



## GREENSLEEVES PROGRAMS

Each of these day programs share a physical site with a Greensleeves shop. Our Greensleeves shops are a small business, vocational training initiative of Allies, Inc. Participants also engage in “green” educational activities about sustainable living and our environment.

- Somerville Greensleeves Day Program
- Mount Holly Greensleeves Day Program
- Flemington Greensleeves Day Program
- Barnegat Shore Day Program



## The Greensleeves Initiative

### A SMALL BUSINESS, VOCATIONAL TRAINING INITIATIVE OF ALLIES, INC.

The Greensleeves shops are an initiative of Allies, each opened in conjunction with an on-site Day Habilitation Program enabling those we serve direct access to community based vocational exploration. Currently in four locations throughout New Jersey, the shops have three distinct business focuses:

- Bake Shop
- Gift and Home Décor Boutique
- Upcycled Thrift Boutique



The various business enterprises allow us to offer a wide range of vocational experiences to those we serve. While unique, the businesses share a common “green” focus. In our bake shop this means using locally sourced ingredients, including those grown at our on-site garden plots or our Project Grow garden. At our gift boutique

this means carrying products made locally, often with sustainable materials and methods, and consigning the handcrafted works of NJ Small Businesses. In our upcycled thrift shops the focus is carried out in every task, from creating home décor and rain barrels from repurposed materials to the gently worn, donated clothing that is for sale. Shop proceeds benefit services for people with disabilities served by Allies, Inc.

The Greensleeves initiative provides the opportunity for program participants to cycle between various Support Services, over the course of a day, while under the umbrella of one agency. This is ideal for participants who would like to explore employment but still want to improve life skills and enjoy leisure activities.



# Employment Services

## PREVOCATIONAL TRAINING

### *Community Based Volunteerism Opportunities with Staff Support*

Designed to meet individual interests and needs of those we serve, exploring possible career paths and building employment skills.

### *Financial Literacy*

Educational modules include understanding a paycheck and learning about the banking system.

### *Workplace Readiness Activities*

Topics include appropriate workplace dress, effective communication, and more.



## SMALL GROUP SUPPORTED EMPLOYMENT

Allies, Inc. offers paid, small group supported employment in our community based shops. Individuals have the opportunity to organize, display and create product, conduct sales, provide customer services, and more! Contact us to learn about the specific job industries.

## CAREER PLANNING

Our career planning program is a person centered support service that provides assistance in advancing or securing competitive employment. Activities may include community based assessments, job sampling, and identification of job matches.



# Community Inclusion

## ALLIES ON THE MOVE

Allies on the Move features both evening and weekend community outings in various group sizes. Activities are customized to meet the interests of our participants but may include visits to museums, theaters, festivals, concerts, and more! Our calendar also includes events hosted by our in-house music program.

## PROJECT GROW

### *Offering Day Habilitation & Prevocational Training Services*

Project Grow is a community garden located on the campus of Mercer County Community College. Certified Horticultural Therapists provide therapeutic activities, farming education, and opportunities to garden for leisure. Fresh produce and herbs are featured in nutritional education and meal preparation lessons. Participants also take part in farm sales! Participants of other Allies, Inc. programs often visit Project Grow as a satellite site for day habilitation activities.



## MUSIC PROGRAM

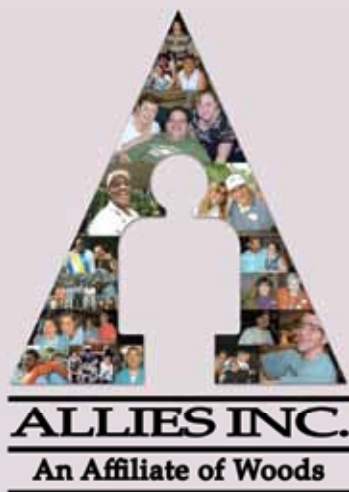
The Allies Music Program is an exciting initiative utilizing percussion instruments, guitars, pianos, ukuleles, violins, and more! Using a wide range of fun and educational activities which cater to various physical, cognitive, and emotional abilities we facilitate music exploration. We connect with our community through tours of radio stations, music stores, and participate in recording studio sessions. Beyond exploration, the program offers in-home private or group lessons, community performances, and visits from area musicians.

## *About Allies*

For more than a decade, Allies has been paving a path to independence, acceptance, and equality for individuals with special needs and their families. Driven by the individual needs of the people we serve, innovation is the hallmark of our agency's services and underscores our every pursuit. With this in mind, we seek to transcend barriers by introducing people with disabilities to communities of their choice, paving the road to independence. Through effective advocacy, innovative programming, and flexible support services our dedicated staff is helping people live richer lives.

Our not-for-profit organization provides a myriad of supports for over 300 children and adults with developmental disabilities including Residential Services, Vocational Training, Supported Employment, Day Habilitation Services, Recreational Activities, and Self-directed Supports. Operating in 16 New Jersey counties, Allies is fully licensed by the New Jersey Division of Developmental Disabilities.

In May 2012 Allies proudly became an affiliate of Woods, a highly esteemed human service organization in Pennsylvania that has been at the forefront of supporting people with special needs for more than a century. To learn more about our services, as well as our partnership with Woods, please visit [www.alliesnj.org](http://www.alliesnj.org).



### **ALLIES, INC. MISSION STATEMENT**

Allies progressive services foster independence for children and adults with diverse needs by building bridges between challenge and opportunity.



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